



#REIMAGINEMANHOOOD

Exploring Gender Equity, Racial Justice,
and Healthy Masculinities

Discussion Guide

Created by **Jane Doe Inc.** 
The Massachusetts Coalition Against Sexual Assault and Domestic Violence

WHY THIS GUIDE?

The #ReimagineManhood Summit of 2017 was a space where hundreds of people gathered to engage in conversations about unpacking masculinity, understanding the intersections of race and gender, and imagining ways that each person can be part of the solution in preventing gender-based violence. We shared great conversations, and we want to continue these conversations with you.

Gather your community, whether that is your family, friends, classroom, employees, and hold a viewing and discussion of the #ReimagineManhood videos. The opportunity as Debra J. Robbin, Executive Director of Jane Doe Inc., stated is that: “We want to offer a different vision where manhood is not defined by toxic masculinity but by positive and healthy notions of masculinities.”

So join us in these conversations and bring this back to your community. These can be formal workshops or casual engagements. We all have the ability to make positive change towards the end of gender-based violence—**Join us in the fight to #ReimagineManhood!**

WHO IS THIS GUIDE FOR?

Everyone! People of all genders, race, ethnicities, ages, etc. can benefit from conversations about healthy masculinities. We all have a part in maintaining what gender looks like, this is our chance to unpack it and have discussions about what it means to us.

OBJECTIVES

- Understand the impact of toxic masculinity
- Break down socialization of gender roles
- Lay groundwork for reimagining what manhood can feel like
- Acknowledge the intersection of race and gender

SUGGESTED MATERIALS

- Chart paper and markers
- Paper
- Pens or pencils

RESOURCES

- Equality and Healthy Relationships Wheel
(whiteribbonday.janedoe.org/docs/bbkits/equality_wheel.pdf)
- Power and Control Wheel
(whiteribbonday.janedoe.org/docs/bbkits/power_and_control_wheel.pdf)
- Rape as a Men's Issue - Men Can Stop Rape
(whiteribbonday.janedoe.org/docs/bbkits/rape_as_a_mens_issue_information_sheet.pdf)
- JDI's Guide to Facilitation (whiteribbonday.janedoe.org/docs/JDI_FacilitationGuide.pdf)

TIMING

- Ideally 2 hours
- Can be divided over multiple sections
- Material can be incorporated into other sessions

For questions or additional resources, please contact us at wrdcampaign@janedoe.org or 617-248-0922.

DISCUSSION GUIDE / INSTRUCTIONS FOR FACILITATORS

OPENING (15 min)

- Ask everyone to introduce themselves with their names, pronouns, and affiliations.
- Hand out sheets of paper and pens to all participants.
- Plan an opener/mixer to help the group get to know one another.
- Give them about 5 minutes to reflect and write down their response to a few questions such as: “What does reimagining manhood mean to you? Why is it important?”
- Tell them that if they are unsure, that’s okay. This space is for folks to be able to learn from each other. Let them know we will be revisiting these answers after watching some videos that explore these topics.

VIEWING VIDEOS

Depending on how much time is available, you can use one or all of these video clips to jump-start the conversation:

- ① #ReimagineManhood: JDI's Annual Prevention Summit 2017: Panel Highlights (3 minutes)
www.tinyurl.com/ReimagineManhood2017Highlights
- ② #ReimagineManhood: JDI's Annual Prevention Summit 2017: Panel Part 1 (30 minutes)
www.tinyurl.com/ReimagineManhood2017PanelPart1
- ③ #ReimagineManhood: JDI's Annual Prevention Summit 2017: Panel Part 2 (27 minutes)
www.tinyurl.com/ReimagineManhood2017PanelPart2

DISCUSSION (45 min)

Put up chart paper. Write down people’s comments as you go along. Here are a few sample questions to get you started after viewing the video(s):

- What are your first reactions to the panel? How did their answers reflect and build off of what you had written as an answer to the original reflection question? What does reimagining manhood mean to you?
- How do you see people reinventing and pushing the definitions of “manhood” and “masculinity” on a day-to-day basis? These examples can be really obvious changes or subtle changes (e.g. man hug and intimacy for men, boys, and masculine folks) and can be from media or everyday life.
- What examples of intersections of race and gender did the panelists touch on? Were these things you had thought of before? Do you think that other identities also impact gender (e.g. sexuality, class, age)?
- How do you think you can create change in your communities to combat toxic forms of masculinity? How will you take steps towards change in your own life?
- You heard Peter Roby, Byron Hurt, and Craig Norberg-Bohm share their hopes. What do you envision and hope for? Please state it in one word.



Jane Doe Inc.
14 Beacon Street, Suite 507
Boston, MA 02108

www.JaneDoe.org
(617) 248-0922



Funding for this discussion guide was made possible in part by the Center for Disease Control and Prevention. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.